

# Emergency Action Planning Program

for after-school practices and events



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## About the Program

Anyone Can Save A Life is a first-of-its-kind emergency action program for after-school practices and events. It is designed to save lives from emergencies, including sudden cardiac arrest (SCA), a leading cause of death among adults and student athletes nationwide.

This website provides the steps to implement the Anyone Can Save A Life program in your school. By implementing the program—and specifically creating Student Response Teams—your school is empowering students to be part of the coordinated response necessary to ensure the best possible outcome to every emergency.

The goal is to save lives by immediately responding to life-threatening emergencies with a simple protocol that includes:



**Calling 911 to alert the Emergency Medical System (EMS)**



**Early cardiopulmonary resuscitation (CPR)**



**Early use of an automated external defibrillator (AED)**



**Early transition to EMS**

Emergencies go hand-in-hand with after-school participation, so it is not a matter of if one will happen; it's a matter of when. By having an Emergency Action Plan (EAP) in place for life-threatening events, you are preparing your school community to respond immediately to get the help that is needed.

## National Rollout

The Anyone Can Save A Life program was originally developed and released in 2008 as a joint effort of the Minnesota State High School League and the Medtronic Foundation. This updated national version is designed to be a turn-key solution for any school wishing to implement an emergency action program for after-school practices and events.

