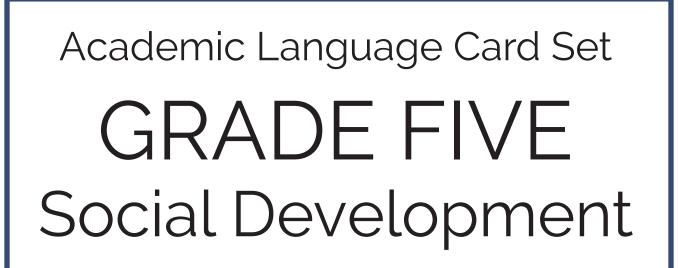
The **UPEN** Academic Language Project

Based on the Virginia Physical Education Standards of Learning





More Physical Education Curriculum Tools at www.OPENPhysEd.org OPEN is a Public Service of US Games

DEMONSTRATE (Verb)

To show or perform an action for others to see.

Phillip demonstrated an accurate throw and catch while the class watched. (VA SOL 5.4)





The Virginia Standards of Learning Project

(Noun)

Rules for good behavior and manners.

John followed class etiquette in physical education by taking turns with equipment and listening respectfully to the ideas of others. (VA SOL 5.4)







IMPLEMENT (Verb)

To put a decision or plan into effect.

Mrs. Jackson wanted to see the students implement all of the class rules. (VA SOL 5.4)







INCLUSION

(Noun)

Including or being included within a group.

Callie's physical education teacher advocated for inclusion in all her classes by encouraging students to make sure no one was ever left out. (VA SOL 5.4)







PHYSICAL ACTIVITY (Noun)

Any physical movement that uses the body's energy.

Taking a walk with my family is a great physical activity and helps us stay healthy. (VA SOL 5.4)







RESPECTFUL

(Adjective)

To be polite and thoughtful.

I show respectful behavior to my teacher by listening and following directions. (VA SOL 5.4)









The condition of being protected from danger.

During physical education class, Rahim follows all safety rules to protect himself and his classmates from injury. (VA SOL 5.4)







