



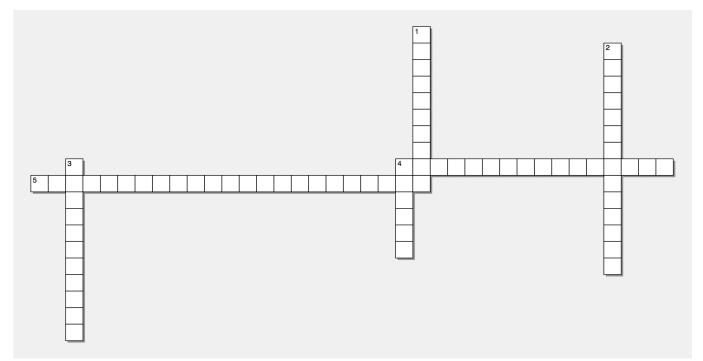
(PHYSICAL EDUCATION CROSSWORD PUZZLE)

ASSESSMENT TOOLS VIRGINIA SOL GRADE SEVEN

## Name: \_

Complete the puzzle. Talk to a family member or friend about what each word means to you.

## **Anatomical Basis of Movement**



## Across

4) A sectioned view of the body that includes the frontal plane, the sagittal plane, and the transverse plane.

5) Fundamentals of the study of movement within the human body.

## Down

1) Muscles in the abdomen (stomach).

2) The group of three muscles that make up the buttocks.

3) Muscles in the pelvis, lower back, hips, gluteus, and abdomen, that help stabilize movement.

4) The area of the lower trunk that supports and protects organs of the body. The pelvic muscles support the organs.