The **UPEN** Academic Language Project

Based on the Virginia Physical Education Standards of Learning





More Physical Education Curriculum Tools at www.OPENPhysEd.org OPEN is a Public Service of US Games

CHALLENGE

(Noun)

Something that is difficult and requires effort to accomplish.

Becky often practiced many of the jump rope tricks because they were a challenge. (VA SOL 2.4)









COOPERATION

(Noun)

The process of working together for a common goal.

Keeping our PE equipment in good condition takes cooperation. We all must work together to use things the way the right way and to put them back when class is over. (VA SOL 2.4)







PARTICIPATION

(Noun)

Taking part in an activity.

Kaleemah showed safe participation by following instructions and using the paddle correctly. (VA SOL 2.4)











Not likely to be hurt or harmed.

Rahim stays safe by following all rules in physical education class to protect himself and his classmates from injury. (VA SOL 2.4)







