

## We Are All Unique

### Learning Objectives

- I can describe personal strengths and identify how individuals are unique (2.1j).
- I can identify and discuss how to show respect for similarities and differences between individuals (2.3j).

### Teacher Notes

- Students will engage in a scavenger hunt activity in this lesson. They will be looking for an item that represents something they feel they are good at. Students who are unable to do a scavenger hunt can think of an item to discuss/share instead.

### Lesson Steps: Video Outline

#### Personal Strengths Video

##### *Step 1 Introduction*

- Pre-Assessment
  - What is a personal strength?
  - What are my personal strengths?
  - Can people have the same personal strengths?

##### *Step 2 Activity*

- Scavenger Hunt: On video instructor signal, students will locate items they feel represent things they are good at.
- Share: Students will voluntarily share one of their items and describe why it represents a strength.
- Review respect and what that means when we consider each other's similarities and differences.

##### *Step 3 Closure*

- Post Assessment: This or That
  - What is a personal strength?
  - Is it okay for someone to have the same personal strengths as you?
  - Is it okay for someone to have a different personal strength from you?

### Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge.



Sample Lesson Plan  
Virginia 2021 SOL Edition  
Created by: Kim Gentry and Stevie Gray  
**Social and Emotional Skills**  
**GR2-SE-5**  
**Second Grade - 2.1j, 2.3j**

- Post: This or That will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.

### **Extensions/Connections/Applications**

- Implementing teacher can also have students hunt for an item they feel represents someone else and describe how it makes that person unique.

### **Resources/References**

- [Health Smart](#)
- [Kids Health](#)