



Grade 2 Sample Lesson Plan: You Are Special

Objectives/Goals

- The student will be able to list the characteristics that a person might possess.
- The students will be able to understand the differences and similarities in individuals.
- The students will be able to define self-image and understand what a healthy self-image is.
- The students will be learn how and why it is important to show respect to individuals that are different from themselves.

Materials

- Book: All the Colors of the Earth by Sheila Hamanaka
- Riddle, Who am I?
- Video, You Tube: Ally the Accepting Alligator
http://www.youtube.com/watch?v=o7y5hkb_hs0

Procedure

Step 1

- Read All the Colors of the Earth. Discuss the beautiful illustrations in the book.
- Discuss the descriptive words in the book. Talk about the different shades of each color.

Step 2

- Have the students look around at the other students. Do we all look the same? How are we alike? How are we different? List on chart.

Health Smart Virginia Sample Lesson Plan

Step 3

- What do you think self-image means? Explain that it is the way you see and feel about yourself. Do you think other people look at you the same way you look at yourself? Why or why not?

Step 4

- Read the riddle Who Am I? Discuss who they think this is. Answer: All of you.
- Discuss how we are all similar. We can do all of the things in the riddle.

Step 5

- We have now talked about how we are alike and different. Let's watch a video that shows how we can show respect for people that are different than us.

Step 6

- Show YouTube video. Follow up with summary discussion to make sure students understand that being different isn't a bad thing, but what makes us unique.

References

- Hamanaka, Sheila. *All the Colors of the Earth*. New York: William Morrow and Company Inc. 1994
- *Ally the Accepting Alligator*, You Tube video.
<http://www.youtube.com/watch?v=o7y5hkbhs0>
- Riddle: *Who Am I?* Nancy Lewis 2018

Handout

The next page includes a handout for the lesson. The handout is designed for print use only.