



## TESTICULAR CANCER 101 VIDEO

### Virginia SOLs:

- Describe the importance of health habits that promote personal wellness.
- Identify common types of cancer, risk factors, and prevention strategies.
- Explain the role of the environment, individual behavior, social norms, legislation, and policies in preventing chronic diseases.
- Explain the importance of medical screenings and access to health care throughout life.

**Video description:** This video discusses information about testicular cancer, shares the stories of two testicular cancer survivors (one being a high school junior during his diagnosis), and the importance of monthly testicular self-exams. The self-exam is presented as a narrated animation, using “cartoon” images instead of actual photos of male anatomy. No images are explicit in nature. Video runtime - 11 minutes.

**Recommended classroom use:** You may wish to show the video to only males or the entire class. Play the video. In the beginning sections, follow the on-screen prompts. After time for discussion, play the rest of the video through. Answer any questions or direct the students to the following helpful links for any questions you may not be able to answer.

**Helpful links:** Testicular Cancer Society - <http://www.testicularcancersociety.org/>