

Grade 9 - HP-7 Physical Health Disease Prevention/ Health Promotion 2020 Virginia SOLs

Grade 9 Sample Lesson Plan: Service Learning

SOLs

Develop a long-term plan for self and/or family to positively impact the environment.

Identify health promotion opportunities, and share talents and expandpersonal knowledge through community service-learning experiences.

Identify and create a plan to address a community health-related social issuesuch as organ donation, homelessness, underage drinking, or substance abuse.

Establish goals for improving environmental health.

Objectives/Goals

- To enhance students' learning by enabling them to practice skills and test classroom knowledge through related service experiences in the local community
- To enable students to provide needed assistance to community agencies and to the people served by the agencies

Materials

- Interest Survey
- Needs Assessment
- Reflection Sheet
- Service Learning Plan of Action
- SMART Goals
- Action Plan Timeline
- Social Media Plan
- Reflection

- Service Learning Logs
- Weekly Reflection Log
- Final <u>Reflection</u>
- Rubric

Procedure

Step1	Take Interest Survey
Step 2	• Investigation (10%):
	 Complete the <u>Needs Assessment</u>
	 Identify the "community" to serve (world,
	nation, state, local or school).
	 Assess community needs (e.g., based
	on media reports, interviews,
	presentations, etc.)
	 Select a community need using criteria (e.g.
	relevance to learning, urgency,

	 importance, student interest and efficacy. Engage in reflection activities Develop a plan to reflect on learning.
Step 3	 Planning and Preparation (20%): Complete your Service Learning Plan of Action. Determine the nature of the service to be provided. Learn about SMART Goals Identify goals of project. Develop an action plan with timeline. Develop a social media plan Need to find a liaison from a charity of your choice Engage in reflection.
Step 4	 Action (40%) Complete the project Fill out service learning logs and weekly reflection log
Step 5	• Reflection (20%)

References

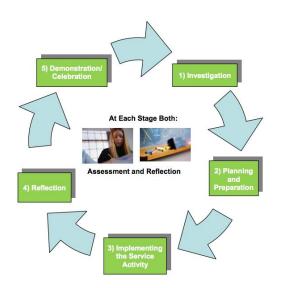
- Melanie Lynch, M.Ed. State College Area High School
- RMC Research Corporation for Learn and Serve America's National Service-Learning Clearinghouse

Rubric for Service Learning Project

Item	10	8	6	4	2
Community Need: This activity meets an actual need in the community and is coordinated through collaboration with the community	Determined by or discovered through extensive research and collaboration with group and community	Determined by or discovered through strong research and collaboration with group and community	Determined by or discovered through basic research and collaboration with group and community	Determined by making a guess as to what the community needs may be. No collaboration with teacher or community.	Community needs secondary to what student wants to do. Project considers only student needs. No collaboration.
Workload	The workload is divided and shared equally by all team members.	The workload is divided and shared fairly by all team members, though workloads may vary from person to person.	The workload was divided, but one person in the group is viewed as not doing his/her fair share of the work.	The workload was divided, but more than one person in the group is viewed as not doing his/her fair share of the work.	The workload was not divided OR several people in the group are viewed as not doing their fair share of the work.
Planning	Routinely uses time well throughout the project to ensure things get done on time. Group does not have to adjust deadlines or work responsibilities	Mostly uses time well throughout the project, but may have procrastinated on one thing. Group does not have to adjust deadlines or work responsibilities	Usually uses time well throughout the project, but may have procrastinated on one thing. Group does not have to adjust deadlines or work responsibilities	Tends to procrastinate, but always gets things done by the deadlines. Group does not have to adjust deadlines or work responsibilities because of this person's	Rarely gets things done by the deadlines AND group has to adjust deadlines or work responsibilities because of this person's inadequate time management.
Meaningful Service Service-learning	Experiences are developmentally appropriate, address personally relevant	.Project addresses a significant need connected to a personally relevant issue and	.Project addresses a real need connected to a personally relevant issue and provides direct	Project includes minimal direct contact with those being served. Outcomes are attainable and visible,	Students provide indirect service with no contact with population being served. Project

actively engages participants in meaningful and personally relevant service activities. Implementation (x4)	issues, and encourage participants to understand their service experiences in the context of the underlying societal issues being addressed. Interesting and engaging service activities lead to attainable and visible outcomes that have significant impact on participants and others in the school, local, and/or global community.	provides direct contact with those being served. Outcomes are attainable and visible, but may not be highly valued by those being served in the school, local, and/or global community.	contact with those being served. Outcomes are attainable and visible, but may not be highly valued by those being served in the school, local, and/or global community.	but do little to contribute toward lasting change. Students do not understand their service experiences in the context of the underlying societal issues being addressed.	does not lead to attainable and visible outcomes. Experience is not appropriate for students' age and developmental level and/or issue is not personally relevant.
Reflection (x2)	Reflections show deep personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs before, during, and after the experience and includes a variety of verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.	Reflections show proficient personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs before, during, and after the experience and includes some verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.	Reflections show growing personal understanding of the importance of service and his/her ability to make a difference. Reflection occurs at some point and includes some of verbal, written, artistic, and nonverbal activities to demonstrate changes in participants' knowledge, skills, and/or attitudes.	Reflections show limited personal understanding of the importance of service and his/her ability to make a difference.	Reflections show student largely unaffected by the importance of service and his/her ability to make a difference.
Demonstration & Celebration	Strong awareness of audience in the design. Students can clearly explain why they felt the vocabulary, audio and graphics chosen fit the target audience.	Moderate awareness of audience in the design. Students can explain why they felt the vocabulary, audio and graphics chosen fit the target audience.	Some awareness of audience in the design. Students can partially explain why they felt the vocabulary, audio and graphics chosen fit the target audience.	Some awareness of audience in the design. Students find it difficult to explain how the vocabulary, audio and graphics chosen fit the target audience.	Limited awareness of the needs and interests of the target audience.

Total _____/100



... your own story and the American story are not separate, they are shared. And they will both be **enriched** if together we answer a new **call to service** to meet the challenges of our new century.

—Barack Obama, speech on July 2, 2008

Take This Interest Survey First

1. Investigation (10%):

- a. Complete the Needs Assessment
- Identify the "community" to serve (world, nation, state, local or school).
- c. Assess community needs (e.g., based on media reports, interviews, presentations, etc.)
- d. Select a community need using criteria (e.g. relevance to learning, urgency, importance, student interest and efficacy.
- e. Engage in reflection activities
- f. Develop a plan to reflect on learning.

2. Planning and Preparation (20%):

a. Complete your Service Learning Plan of Action.

- b. Determine the nature of the service to be provided.
- c. Learn about <u>SMART Goals</u>
- d. Identify goals of project.
- e. Develop an action plan with timeline.
- f. Develop a social media plan
- g. Need to find a liaison from a charity of your choice
- h. Engage in reflection.

3. Action (40%)

- a. Complete the project
- b. Fill out service learning logs and weekly reflection log

4. Reflection (20%)

a. Write a Reflection about the service learning project

5. Demonstration of Results & Celebration(10%)

a. Present to selected audience(s).

Rubric

Needs Assessment: Investigation

1.	Research each "community" and assess their needs. Set up a brainstorming
	session with your group. The purpose of the session is to develop a list of
	community issues or problems that the group feels are important. At this
	point you are merely discussing important issues and/or problems that
	exist within the community. To gather ideas, check local and world media
	or ask individuals within the community.

1. World	
ı. World	

2. Based on the research, rank each communities <u>need</u> from 1-10 based on "your" interest level. Ask each member to explain why they ranked the issues in this manner.

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A. World: 1 2 3 4 5 6 7 8 9 10
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C. State: 1 2 3 4 5 6 7 8 9 10

D. Local: 1 2 3 4 5 6 7 8 9 10

E. School: 1 2 3 4 5 6 7 8 9 10

- 3. Answer the essential questions below:
 - A. How can our community benefit from students interacting with community member such as senior citizens and the elderly?

B. How can a needs assessment inform our actions for advocating for community wellness?

C. How does becoming a servant leader positively influence my own health as well as the health of my community?

- 4. Designing a Needs Assessment Survey: Construct a survey regarding the need/issue for your community. Needs Assessment Link
 - The survey will consist of 4 components:
 - Introduce the objective of the survey you are conducting
 - Give a brief introduction on why you are performing this need assessment, and what it is for. In addition, mention what kinds of information you want to know from participants and what will be asked.
 - General Information (Minimum of 5 questions)
 - Ask demographic information and the extent to which the participant is familiar with the context. For example, for a website development project, you would pay attention to user's online experience.
 - Assessment of the current status (Minimum of 3 questions)
 - This is the area you will improve in with your project and the merits could be the aspects you should keep. For example, you can ask users to briefly describe how they perform the task currently, what the advantages and disadvantages on the current methods are.
 - Expectations from users you are surveying (Minimum of 3 questions)
 - This part explores the new functions that users are expecting, but do not exist yet. For example, you are developing a new website for travel, what kinds of services or information users expect from the website and whether these services are attractive to the user.

Interest Survey/Personal Profile:

 Name		Age	
 Mailing Address			
E-mail Address			
YOUR PERSONAL	.ITY put an X next t	to the remark that b	est describes you.
	Not Me	Neutral	Me
Energetic			
Natural Leader			
Problem Solver			
Worried and Stress	sed		
Happy and Upbeat	;		
Work Independent	y		
Relaxed and Easy	going		
Care for			
Others			
Circle your person	ality type that was	determined by the	Myers Briggs test.
Natural leaders who are logical,	Creative perfectionists who prefer to	People-lovers who are energetic,	Thoughtful, creative people driven by
analytical, and good strategic planners.	do things their own way.	articulate, and diplomatic.	firm principles and personal integrity.
1. Executive 2. Lawyer	Investment banker Personal financial adviser	1. Advertising executive 2. Public relations specialist	Therapist/Mental health counselor Social worker
Market research analyst Management/Business consultant	3. Software developer 4. Economist	3. Corporate coach/Trainer	3. HR diversity manager
5. Venture capitalist	5. Executive	4. Sales manager 5. Employment specialist/HR professional	4. Organizational development consultant 5. Customer relations manager
E N T P	I N T P	E N F P	I N F P
Enterprising creative people who enjoy new challenges.	Independent and creative problem-solvers.	Curious and confident creative types who see possibilities everywhere.	Sensitive idealists motivated by their deeper personal values.
1. Entrepreneur	1. Computer programmer/Software designer	1. Journalist	1. Graphic designer

2. Advertising creative director

3. Consultant

4. Restaurateur

5. Event planner

2. Psychologist/Therapist

5. HR development trainer

3. Writer/Editor

4. Physical therapist

2. Real estate developer

4. Marketing director

3. Advertising creative director

5. Politician/Political consultant

2. Financial analyst

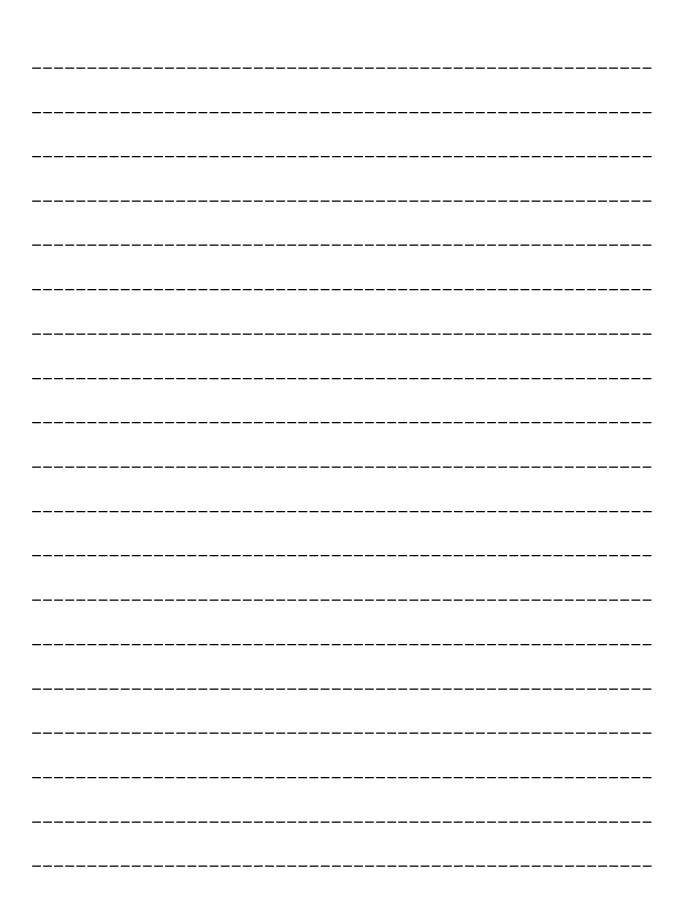
4. College professor

3. Architect

5. Economist

HOW DO Y	OU SPENI	D YOUR T	IME? Cir	cle three			
Literacy Thea Sports	ter Foo	od	_	gy Cr demics	_		s lature
YOUR TAL							
Communica Active & Spa Creativity	•	Collaboi Literacų	rating Y		_	Probler Leader	n Solving ship
Write your you have fo				and list th	ree exar	mples of (evidence
Skill 1							
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Skill 2							
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*							
Skill 3							
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*		
YOUR SERVICE INTER	REST? Circle	
one		
Social Issues Health, Safety & C	Community Activism Community	Environmental Issues
WHAT MOTIVATES YO		
My faith inspires me Adults encourage me To help the world	Meeting new people To develop job skills College Application	It's the right thing to do My friends encourage me Because I have to
	t yourself as it relates to nd what you would like t	o service learning. Include what so do in the future.





Community Needs Assessment Survey Guide



Community Development Educator

Utah State University Extension

Community Needs Assessment Survey Guide

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Introduction

Local elected officials, appointed staff and volunteer leaders are continually involved with the challenge of identifying community needs in order to work together in solving community problems. One effective method for identifying important problems is conducting a community needs assessment survey. These pages describe one method of community surveys that provides rapid feedback to community leaders.

Typically, the City Council will organize a survey committee to define community issues and develop a questionnaire. On a designated evening, citizens distribute and collect the questionnaires and code the results preparatory for computer analysis. During this process, community leaders gain insight about local citizens' attitudes and opinions about community issues. This activity produces a cadre of 60 to 80 interested citizens who not only assist in conducting the survey but are often willing to assist in carrying out activities related to the identified needs.

The process described in the following pages involves citizens and local officials in identifying issues, collecting information, and interpreting the results of the survey.

Organizing and Designing the Questionnaire

While local elected officials remain central throughout the survey process, they need to recognize that volunteer leaders and volunteer groups develop ownership as they become engaged and are eager to assist in strengthening local government.

A working example questionnaire is provided in this guide. This questionnaire is comprehensive. It treats most concerns of the community including planning, human relations and cultural enrichment, economic development, physical environment and community services. The questionnaire may also be developed to address specific concerns of city officials, such as projected needs for additional revenue, willingness of citizens to pay more taxes to improve specific services and/or programs and intergovernmental cooperation. The City Council, assisted by volunteer leaders, adapts the questionnaire to meet the particular needs of their city. They are assisted in this activity by community development specialists from Utah State University Cooperative Extension Service.

The questionnaire is designed for one legal-size sheet, printed on both sides, making it convenient to administer and review. Although a

questionnaire in this format and an eight or nine page instrument may both contain the same amount of information, citizens are more willing to complete surveys on a single sheet.

Procedure for Conducting Survey

Using the USU Extension Community Needs Assessment method, a community can conduct a survey in one evening. Community leaders should receive the results in less than a month. Considerable planning and organization prior to conducting the survey is important. Experience in many Utah communities shows that elected officials and others will succeed by following these steps:

- 1. Contact the Community Development Specialists at Utah State University and solicit assistance.
- 2. Appoint a community Survey Chairman to help:
 - a. publicize the survey through radio and newspaper.
 - b. mobilize 60 to 80 people (30 to 40 survey teams) to conduct the survey and code the results; and
 - c. assist the City Council with a town meeting to report the results of the survey.
- 3. Designate an evening to conduct the survey.
- 4. Adapt the questionnaire to meet the needs of the community.
- 5. Prepare a letter to be sent from the Mayor/City Council encouraging residents to participate in the survey.
- 6. Work with the Community Development Specialist in preparing the survey instrument.
- 7. Divide the city into sections with approximately 15 homes in each section. Since logistically it is difficult to do more than 600 questionnaires in one evening, communities over 2500 population should use a random sample of households.



8. Meet with the Community Development Specialist and survey teams (should include city council members) on the evening designated to conduct the survey. Follow these steps: (allow approximately three hours)

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- a. Community Development Specialist will conduct a 30 minutes
- b. Each two-member team will take 15 of the questionnaires, and return envelopes; deliver one of each to each designated household in the area; if needed review the mayor's letter with an adult (over 18) household member who comes to the door; leave the questionnaire and request it be filled out immediately; then proceed to the next home. (One hour)
- c. The survey team will return to homes receiving the questionnaire and collect them in the sealed envelopes. (30 minutes)
- d. All team members will return to City Hall to help code the results for use by a data input operator. This process is vital because it involves citizens in observing the results. (One hour)
- 9. The Community Development Specialist will take the coded responses to Utah State University for programming and computation and will produce an easily readable analysis of community attitudes and preferences, including bar and pie charts.
- 10. Multiple copies of computer reports will be provided to the community so that they may be available to the City Council, Planning Commission or other groups, and can be displayed in the City Hall, library, etc.
- 11. Hold a publicized town meeting. Report the results of the survey and what these may mean in terms of community improvement actions and to gain a commitment from citizens to serve. Send a of survey highlights.

The cost for this service is low. Utah State University Extension charges \$2.00 per completed questionnaire which covers some of our printing, data entry, and computer charges. Communities engaged in the Community Needs Assessment Survey process follow an agreement that outlines the responsibilities of local government and USU Extension Service.

Training Sessions (Orientation and Coding)

The training sessions need to be conducted in a room large enough to accommodate 60 to 80 people at 10 to 12 tables. Ample space is needed for each team to work out coding of questionnaires.

Orientation

Orientation for the community survey team will take 20-30 minutes with the following agenda:

- 1. The Mayor should welcome the team members including an appropriate statement concerning the value of the survey in establishing priorities and developing action programs for the community.
- 2. The Survey Chairman will then give each team a list of approximately 15 households to be contacted. In large communities a selected random sample, with names and addresses, should be given team members.
- 3. The Survey Chairman will provide each team with 15 questionnaires, 15 letters from the City Council and 15 envelopes.
- 4. The Community Development Specialist will emphasize that the time involved in the survey and coding will be approximately three hours, and also the importance of team members returning to the meeting room with the completed questionnaires to help code results.
- 5. The community Development Specialist will read to the team members the letter from the Mayor/City Council which addresses:
 - a. The importance of the survey to citizens and the City Council in identifying community needs and in setting priorities;
 - b. The necessity of completing the questionnaire immediately, placing it in the envelope and sealing it:
 - c. That the survey will be picked up in 30-40 minutes; and
 - d. The number of households to be surveyed during the evening.
- 6. Discussion

Coding of Results

When team members return to the meeting room to code results, the following will occur:

- 1. The community development specialist will demonstrate to team members how to code the questionnaire for the computer. (Some additional persons (2-3) are needed to help with this part of the process.)
- 2. When coding the responses to the questionnaire, team members gain "insights" concerning attitudes of community residents, who are stressing their particular concerns. This is particularly rewarding to team members, and helps to gain their cooperation to carry out projects targeted to identified needs.

Plan of Action

Careful analysis of the printout will identify areas of concern and issues that citizens may be willing to support for improvement. Some projects or programs will require financing while others can be achieved by community volunteer action. For the survey to be successful, immediate action should be taken on one or two projects identified in the survey. These may include short term projects such as tree planting, community clean up, or the organization of a community celebration. Survey results may also be used to develop a long range master plan including establishing and enforcing zoning regulations, improving the appearance of the city, initiating industrial development or improving the library.

Leaders should remember that "success begets success." Completion of one project or program will encourage people to work on other programs of a more complex nature.

Neighborhood Attitudes

Community leaders may want to determine the attitude and or views of people in different neighborhoods within the city. This may be accomplished by dividing the city into desired areas and assigning district numbers to questionnaires during the survey process. For example, main and center street may divide the city into four equal parts or the voting districts may be used to divide the city into a larger number of neighborhoods. A computer will provide neighborhood attitudes for each question and a composite answer for all neighborhoods.

The chart on page 9 gives an actual example of a Yes/No question for West Bountiful City. Note that 58.9% of the households in neighborhood #1

were in favor of more commercial zoning while over 50% of the households in neighborhoods 4, 5, 6, and 7 were opposed to more commercial zoning. Also note that 238 of the total households (54.3%) were in favor of more commercial zoning while 200 households (45.7%) were opposed with 29 households not answering the question. (Ninety-seven percent of the households that were contacted during the evening answered the questionnaire.)

Sample Printout Question

CROSSTABULATION OF A6 FAVOR MORE COMMERCIAL ZONING BY NEIGHBORHOOD NEIGHBORHOOD

	CO	UI	NT									ROW
	CO	L	PCT									TOTAL
A6		_	1	2	3	4	5	6	7	8	9	
Υ	ZES	1	33	32	30	24	27	19	23	33	17	238
			58.9	56.1	55.6	46.2	44.3	50.0	44.2	76.7	68.0	54.3
	NO	2	23	25	24	28	34	19	29	10	8	200
		4	41.1	43.9	44.4	53.8	55.7	50.0	55.8	23.3	32.0	45.7
CC	LUMN		56	57	54	52	61	38	52	43	25	438
		-	12.8	13.0	12.3	11.9	13.9	8.7	11.9	9.8	5.7	100.0

NUMBER MISSING OBSERVATIONS = 29

The following procedures may be used when providing data on a neighborhood basis:

- 1. Treat each neighborhood as a separate unit in the random selection of homes. (Extension specialist can help with sample selection.)
- 2. Obtain a map of the city and divide the map into sections (divided along main and center street or neighborhood lines.)
- 3. Follow the procedures outlined in the training session with the additions below:
 - a. Assign survey teams to a specific neighborhood. Have the team members write the neighborhood number on top of their questionnaires after they pick them up.

b. Entries will be made in the computer on a neighborhood basis.

Successful Programs

City councils and community groups have used survey results in many beneficial community projects. They may also be used in decision making during planning meetings. For example, Hyrum City consolidated their police force with Cache County's force after determining that a majority of citizens would support the cooperative effort.

City Councils can use information from the surveys to train new City Council members and in the development of city master plans.

One city doubled their mill levy and increased their water and sewer rates and worked to build or improve six priorities identified though the survey. These included: the construction of a fire station, installation of storm drainage, the improvement of the culinary water system, upgrading criminal justice, resurfacing city roads and installation of curbs, gutters and sidewalks.

In one year, Moroni City accomplished six major programs or projects identified as needs through their questionnaire. These included: construction of a fire station with labor from volunteer firemen, installation of a pressurized irrigation system with volunteer labor, conducting a cleanup day during which time parents and youth hauled truck loads of trash to the city sanitary landfill, installation of eight blocks of sidewalk, installation of a culinary water system and building a new medical center.

Economic development advocates and other groups of people have promoted their programs using the USU Community Needs Assessment process.

One member of the Sugar House Business District committee, reported,

"...the Business Survey was very well received by the members of the Master Plan Update Management Committee....It was wonderful to hear our State Representative and our City Councilmember say the attitudes of the business district reinforce those of the residential community. We've always been told that the two groups would never agree on anything. But based on the results of these two surveys, we finally may have the means of resolving some old feuds in our neighborhoods."

In addition, the KIDS ORGANIZED to PROTECT our ENVIRONMENT (KOPE) group used results from the Sugar House survey to demonstrate the amount of public support for their Hidden Hollow project. Their Community Development Block Grant application, which had been recommended by the

Mayor's Advisory Committee to receive \$4,695 for an outdoor classroom, received \$10,695 from the city council as a result of their survey.

Not only do City Councils appreciate the valuable information from community needs assessments, but citizens are pleased to be asked about their opinions on community issues. Citizens participating in the survey often add comments such as the following, excerpted from actual questionnaires:

"Thank you for asking my opinion. I like this questionnaire..."

"I appreciate feeling like I have a voice that someone wants to hear. If this [surveying residents] is continued, you will always have grateful residents..."

"...Thanks for asking our opinions. That's one of the great things that makes RH a great place to live!"

"I appreciate the opportunity to provide input."

During a time of increased feelings of alienation and impersonal government the USU Community Needs Assessment process not only provides a means to gather valuable information, it also provides a way for citizens to become involved in their local government.



Sample Survey

WHITE CITY AREA COMMUNITY SURVEY
November 2004

This survey is sponsored by the White City Volunteer
Community Council and Utah State University
Extension. We appreciate your help. To preserve
your confidentiality do not put your name on the
survey.

Please circle the number that corresponds to your answer.

SERVICES:

1. How would you rate each of the following services
in the White City Council area? [EXCELLENT, GOOD,
FAIR, POOR, DON'T KNOW)

	211, 20011, 2011 2 1411	, ,					
					I	OON'	Γ
	I	EXC	GOOD	FAIR	POOR	KNO	W
a.	law enforcement	4	3	2	1	8	
b.	fire protection	4	3	2	1	8	
c.	ambulance service	4	3	2	1	8	
d.	emergency 911	4	3	2	1	8	
e.	mental health						
	service	4	3	2	1	8	
f.	garbage						
	collection	4	3	2	1	8	
g.	roads/highways/						
	streets	4	3	2	1	8	
h.	snow removal	4	3	2	1	8	
i.	parks and						
	recreation	4	3	2	1	8	
j.	animal control	4	3	2	1	8	
k.	sidewalks/						
	pedestrian safety	4	3	2	1	8	
1.	storm drainage	4	3	2	1	8	
m.	street lighting	4	3	2	1	8	
n.	UTA bus service	4	3	2	1	8	
ο.	library service	4	3	2	1	8	
p.	postal service	4	3	2	1	8	

2. The Salt Lake County Sheriff's Department performs a variety of services. How would you rate the effectiveness of the following?

[E:2	KCELLENT, GOOD, FAI	к,	POOR	, DON	'T' KN	OM5]	
					I	T'NOC	
	EΣ	C	GOOD	FAIR	POOR	KNOW	
a.	traffic speed						
	control	4	3	2	1	8	
b.	other traffic						
	laws	4	3	2	1	8	
c.	parking control	4	3	2	1	8	
d.	visible residentia	1					
	patrol	4	3	2	1	8	
e.	school safety	4	3	2	1	8	
f.	neighborhood						
	watch	4	3	2	1	8	
g.	narcotics						
	enforcement	4	3	2	1	8	
h.	gang control	4	3	2	1	8	

+-	heriff's Department continue	ON'T
LU	o police the White City YES NO	KNOW
Cor	ommunity Council area? 1 0	8
4	. How safe do you feel in your neighbo	rhood during
	he:	riiood darriig
CIIC	VERY VER	v
	SAFE SAFE UNDECIDED UNSAFE UNSA	
	. day 4 3 2 1 0	
D.	. night 4 3 2 1 0	
5.	. Which, if any, are problems in your	neighborhood?
DOI	ON'T	
	YES NO	KNOW
a.	. Vacant lots 1 0	8
b.	. Condition of houses 1 0	8
c.	. Cost of housing 1 0	8
d.	. Vandalism 1 0	8
e.	. Burglaries 1 0	8
	. Recreational drug use 1 0	8
	. Gangs 1 0	8
_	. Too much street parking 1 0	8
i.		8
	. other (prease rise	·
6.	. Please rank the following methods to	finance
	mprovements in the White City Council	
	hrough 4 with 1 being your most prefer	
	being your least preferred method of	
	ou use the "other" category rank them	
300	RAN	
a	. User fee	
	. Ober ree	
	Special Service District Fees	
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d. To improve streets and roads 1 0 8 e. To improve street lighting 1 0 8 f. To improve sidewalks 1 0 8 g. To improve curb and gutter 1 0 8 h. To provide additional parks. 1 0 8 i. To upgrade existing parks 1 0 8 j. To provide recreation facilities	d. Remodeling permits 4 3 2 1 8 e. "junk" ordinance 4 3 2 1 8 f. weed ordinance 4 3 2 1 8 g. ban on continuous 24 hr street parking 4 3 2 1 8 16. From the issues listed below, choose the top three that you feel the Mayor and County Council should address during the next year. Rank these by placing a 1 next to your top priority, a 2 by your next priority, and a 3 by your 3 rd priority. [Choose three, then prioritize 1 through 3]
LOCAL GOVERNANCE:	PRIORITY
9. How would you rate the effectiveness of each of	a. Completion of Bear Park
the following in meeting White	b. Install/repair sidewalks
City's community needs? DON'T	c. Install street lights
EXC GOOD FAIR POOR KNOW	d. Pedestrian safety near schools
a. Community Council 4 3 2 1 8	e. Repair streets with drainage
b. County Government 4 3 2 1 8	problems
c. State Government 4 3 2 1 8	f. Speeding
10. Within the past 12 months, how would	g. Enforcing regulations
you rate your experience in working with	h. Other (Please
the following levels of Government? NO	Specify)
CON-	
EXC GOOD FAIR POOR TACT	PARKS AND RECREATION:
a. Community Council 4 3 2 1 8	17. How would you rate each of the
b. County Government 4 3 2 1 8	following recreation services in the White City
c. State Government 4 3 2 1 8	Council area? DON'T
11. Please rank 1 through 4, with 1 being	EXC GOOD FAIR POOR KNOW
11. Heade failt I chrough 4, with I being	
your most professed and 4 being your least professed	a. Availability of
your most preferred and 4 being your least preferred	<pre>a. Availability of local parks 4 3 2 1 8</pre>
choice for governing White City.	local parks 4 3 2 1 8
choice for governing White City. If you use the "other" category, rank them	local parks 4 3 2 1 8 b. Availability of
choice for governing White City. If you use the "other" category, rank them 1 through 5.	local parks 4 3 2 1 8 b. Availability of regional parks 4 3 2 1 8
choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK	local parks 4 3 2 1 8 b. Availability of regional parks 4 3 2 1 8 c. Baseball 4 3 2 1 8
choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK a. Unincorporated County	local parks 4 3 2 1 8 b. Availability of regional parks 4 3 2 1 8 c. Baseball 4 3 2 1 8 d. Track facilities 4 3 2 1 8
choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK a. Unincorporated County	local parks 4 3 2 1 8 b. Availability of regional parks 4 3 2 1 8 c. Baseball 4 3 2 1 8 d. Track facilities 4 3 2 1 8 e. Tennis 4 3 2 1 8
Choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK a. Unincorporated County	local parks 4 3 2 1 8 b. Availability of regional parks 4 3 2 1 8 c. Baseball 4 3 2 1 8 d. Track facilities 4 3 2 1 8 e. Tennis 4 3 2 1 8 f. Practice gyms 4 3 2 1 8
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Choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK	local parks
Choice for governing White City. If you use the "other" category, rank them 1 through 5. RANK a. Unincorporated County	local parks

Community Needs Assessment Survey Guide

20. Do you have children who DON'T
participate in the county's YES NO KNOW
organized sports programs? 1 0 8
DON'T
21. Do you have access to the YES NO KNOW
Internet? 1 0 8
IF YES, do you access the internet
through: YES NO
a. a computer in your home 1 0
b. a computer at your work 1 0
c. a computer at the library 1 $$ 0 $$
d. other() 1 0
DACUCIOINID.
BACKGROUND:
This information is required for funding
from state agencies. As this survey is confidential,
please do not put your name on this survey.
22. Are you: [Circle number]
1. MALE 2. FEMALE 3. BOTH ANSWERED SURVEY
23. How many years have you lived in this
<pre>neighborhood? [Circle number]</pre>
1. 0-3 YEARS 4. 11-15 YEARS
2. 4-6 YEARS 5. 16-25 YEARS
3. 7-10 YEARS 6. OVER 25 YEARS
24. Are you renting or are you buying/own
your own home? [Circle number]
1. RENTING 0. BUYING/OWN
25. How many family members reside in your
home? [Circle number]
1 2 3 4 5 6 7 8 OR MORE
26. Which category best represents the age of the head of household? [Circle number]
1. 18-24 4. 45-54
2. 25-34 5. 55-64 3. 35-44 6. 65 OR OLDER
27. Which of the following categories best describes your gross total family income
during the last year? [Circle number]
1. LESS THAN \$10,000 5. \$35,000 - \$49,999 2. \$10,000 - \$14,999 6. \$50,000 - \$74,999
2. \$10,000 - \$14,999 6. \$50,000 - \$74,999 3. \$15,000 - \$24,999 7. \$75,000 - \$99,999
4. \$25,000 - \$34,999 8. \$100,000 OR MORE
28. In what industry is the major wage earner in your home employed?[Circle number]
01. AGRICULTURE
02. MINING 03. CONSTRUCTION
03. CONSTRUCTION 04. MANUFACTURING
05. RETAIL/WHOLESALE
06. TRANSPORTATION, COMMUNICATIONS,
AND PUBLIC UTILITIES
07. FINANCE, INSURANCE, REAL ESTATE

- 09. SERVICES (INCLUDES RETAIL)
- 10. RETIRED
- 11. HOMEMAKER
- 12. STUDENT

29. What was the last year or grade in school you completed? [Circle number]

- 1. GRADE SCHOOL
- 2. SOME HIGH SCHOOL
- 3. HIGH SCHOOL GRADUATE
- 4. SOME COLLEGE/VOCATIONAL
- 5. VOCATIONAL SCHOOL GRADUATE
- 6. COLLEGE GRADUATE
- 7. SOME GRADUATE SCHOOL
- 8. GRADUATE DEGREE

Thank you for completing our survey. If you have additional comments and/or ideas to assist the White City Community Council in serving you better, please feel free to add them here:

08. GOVERNMENT (INCLUDES EDUCATION)

Sample Press Release No. 1

Community Progress Survey

Residents of will soon have an opportu	nity
to tell what they think is right or wrong with the community	
through a "Community Attitude Survey" according to an	
announcement today by of (Community)	
Mayor said a questionnaire covering nearly eve	ry
phase of the community including planning, human relations a	nd
cultural enrichment, economic development, physical environm	ent
and community services will be circulated soon. Community	
Development Specialists from Utah State University will assi	st
with the survey.	
"The primary purpose for conducting the survey," Mayor	
said, "is to find out where the community is doi	ng a
good job and where it needs to improve. With this informati	on
we can identify problem areas and develop action programs."	
"We want to know how measures up as a (community)	
place to live and the only way that we can be sure that we a	re
getting a complete picture is by asking people who really kn	ow -
the people who live here."	
"We would appreciate your cooperation when one of our local	
citizens comes to your door with the survey."	

Sample Press Release No. 2

Community Progress Survey

Mayor	of		would like to
remind the citizens of			
will be conducted next	week with the as	ssistance of Commu	nity Development
Specialists from Utah	State University	Extension Service	•
"This is a great oppor	tunity for	•	It can
	((Community)	
provide the foundation	for a community	development progra	am designed to
enhance the quality of	life with every	citizen, not just	the individuals
who are willing to tak	e the lead. For	this reason it is	imperative that
the people who take pa	rt in the survey	cooperate to the	fullest. Everyon
who has the opportunit	y to fill out the	e questionnaire sh	ould do so and do
so honestly."			
The Mayor emphasized t	hat individual re	esponses are confi	dential,
that only total group	responses will be	e reported. The s	urvey
questionnaire will be	distributed and d	collected next	
			(Date)
between 7:00-9:00 p.m.	The survey find	dings will then be	used as a guide
for community progress	programs.		

Sample Press Release No. 3

Community Progress Survey

After reviewing the results of the Community Attitude Survey,
Mayor said he/she believes the future growth of the
community can be planned more effectively. "We knew there were
some areas that need work," Mayor said, "but we
learned several things form the survey which I feel are extremely
important. There were a large number of people who expressed
dissatisfaction with and believe
* At the same time, it was generally
agreed our and were
excellent."
The attitude survey was conducted by the citizens of (Community)
with the assistance of from (Community Development Specialists) in a door-to-door canvas. (Sate University Extension Service)
Mayor said a detailed presentations of
the survey results will be released at a community mass meeting
on at (date and time) (place) A computer printout will also be displayed in the City Hall,
public library and Post office.
"One of the most important things we have learned from the
survey, "Mayor said, "is the people of (Community) are really interested in their community. This was shown by the
splendid cooperation and response we received."

Community Needs Assessment Survey Checklist

^{*} Fill in some specific findings.

Instructions: Use the times of this sheet to guide you as you progress though the survey process:

PIE	paracion before the survey
1.	Contact the Community Development Specialist at Utah
	State University and solicit assistance.
	Stan.Guy@usu.edu (435-797-3221)
2.	Appoint a community Survey Chairperson:
3.	Designate and evening to conduct the survey:
4.	Adapt the questionnaire to meet the needs of the community.
5.	Publicize the survey through radio and newspaper.
5.	Mobilize 60 to 80 people (30 to 40 teams) to conduct the survey and code the results.
7.	Prepare a letter from the Mayor/City Council
	encouraging the townspeople to participate in the survey.
8.	Work with the Community Development Specialist in preparing the survey instrument.
9.	Divide the city into sections with 15 homes in each
J.	section. Provide a map showing each section.
On	the Evening of the Survey
10.	Conduct a training session with the Community
	Development Specialist, the Survey Chairperson, and the
	citizen volunteers.
11.	Teams deliver the questionnaires.
12.	Pick up the questionnaires.
13.	Code the questionnaires
14.	Provide refreshments
Dea	ling with the Data
15.	Coded questionnaires are returned to the University for
	computation.
16.	Results (printouts) are returned to the community within a month.
17.	Use the results of the Utah Community Needs Assessment

Agreement between Utah State University Extension Service and Local Governments

INTRODUCTION

Successful community needs assessment surveys are built on cooperation at several levels: between citizens and appointed or elected officials, between leaders and the Extension Service Community Development staff, and among citizens in the community. Cooperation depends on goodwill and on understanding. To facilitate understanding and cooperation, and to ensure success of the community needs survey process, the following commitments by each party are identified:

Extension Service Agrees to:

- Provide examples of questions from other surveys, letters, publicity
- Assist in sample selection, question construction, etc.
- Train the survey chairperson in how to organize for a survey
- Print the questionnaire and provide copies for data collection
- Be available to community for consultation during the planning phases
- Provide training in data gathering techniques to volunteers (citizens and officials) the night of the survey
- Provide instruction and supervision for coding by volunteers
- Present results of analysis to city council with interpretation and suggestions for their use
- Provide copies of computer printout for community use
- Be available to respond to further requests

The Local Government Agrees to:

- Appoint a community survey chairperson
- Provide support to the chairperson
- Adapt the "basic questionnaire" to meet the community's needs
- Provide information to be used to select sample
- Select the sample
- Prepare address lists and maps for each team (15 homes/lists)
- Select an evening to conduct the survey
- Publicize the survey to generate interest, support, and community support
- Mobilize adequate teams of volunteers to conduct survey and code results
- Prepare letter from council encouraging residents to participate
- Provide space (school, city hall, etc.) for conducting training session for volunteers the evening of the survey
- Arrange for official to

- participate in the date collection and coding
- Provide volunteers for coding the questionnaires
- Schedule time during official meetings for survey results to be presented
- Publicize results and recognize those who assisted
- Use survey results to identify community needs, plan programs, and organize future activities



Guided Reflection:

- 1. How does your service-learning experience relate to the learning objectives of this course?
- 2. What would you like to change about your community?
- 3. What community/identity groups are you a member of? (Student government, youth group, dance classes, sporting

teams, etc.)

- 4. What issue is being addressed and population served by your proposed project?
- 5. How does your service-learning experience relate to the learning objectives of this course?
- 6. Discuss a civic experience you have had in the past. Include comments about what type of difference you made to those you served. How did you feel about your service? What if any attitude or beliefs changed for you as a result of your service.
- 7. Identify three areas where you feel you could use additional guidance and learning in order to be more effective.

Post Project- Service Learning Student Reflection Assignment

1.	Describe what you have learned about yourself as a result of your service.
2.	What have you learned about your community?
3.	What values, opinions, beliefs have changed?
4.	What was the most important lesson learned?
5.	What impact did you have on the community?
6.	What are the best things you discovered about your community?
7.	Did you learn a new skill or clarify an interest?

8.	What follow-up is needed to address any challenges or difficulties?
9.	If you could do the project again, what would you do differently?
10	What apositic akilla have you used with your community enough
10.	. What specific skills have you used with your community group?
11.	Describe a person you've encountered in the community who made a strong impression on you, positive or negative. Explain
12.	Talk about any disappointments or successes of your project. What did you learn from it?
13.	. What would you like to do in the future for your community?

14. Complete this sentence: Because of my service learning, I am....

Service Learning Plan

"By failing to prepare, you are preparing to fail."

— Benjamin Franklin

1. What is the nature of your service learning Project?					
					
					
		, , , , , , , , , , , , , , , , , , , 			
Which commun	nity doog your	. convice bre	icat samua) Cinala	
Which communication one communication one communication of the communica	aity does your	service pro	ject serve:	Circie	
World	Nation	State	Local	School	
>>>>>	·>>>>	·>>>>>	>>>>>>	·>>>>	·>>>>
Complete your	Setting Goals				
Worksheet.					
List your Goals	s for this		RV	1	
project. You m		(5)	1 Pa	7	
least 3 SMAR		1 7			1
your project	<i>J</i>			3	

Specific
Measurable
Achievable
Realistic
Timely
Goal #1
Goal #2
Goal #3
Goal #4
Goal #5
·····
Complete the <u>Timeline</u> for your Service Learning Project
What is your <u>Social Media Plan?</u>



Who is your liaison from the community?

Name	Position
Agency	Phone#

Answer the <u>Reflections Questions</u>. Please be very thoughtful and thorough when answering these questions.



Service learning Time Log

Date and			Supervisor
time	Activity Description	# of Hours	Initials



Setting Goals the SMART Way



Specific - The goal should identify a specific action or event that will take place.

Measurable - The goal and its benefits should be quantifiable.

Achievable - The goal should be attainable given available resources.

Realistic - The goal should require you to stretch some, but allow the likelihood of success.

Timely - The goal should state the time period in which it will be accomplished.

Here are some tips that can help you set effective goals:

- 1. Develop several goals. A list of five to seven items gives you several things to work on over a period of time.
- 2. State goals as declarations of intention, not items on a wish list. "I want to apply to three schools" lacks power. "I will apply to three schools," is intentional and powerful.
- 3. Attach a date to each goal. State what you intend to accomplish and by when. A good list should include some short-term and some long-term goals.
- 4. Be specific. "To find a job" is too general; "to find and research five job openings before the end of the month" is better. Sometimes a more general goal can become the long-term aim, and you can identify some more specific goals to take you there.
- 5. Share your goals with someone who cares if you reach them. Sharing your intentions with your parents, your best friend, or your teacher will help ensure success.

- 6. Write down your goals and put them where you will see them. The more often you read your list, the more results you get.
- 7. Review and revise your list. Experiment with different ways of stating your goals. Goal setting improves with practice, so play around with it.

	What are some possible obsticles to this project?		What are some possible solutions to these obsticles?	
	1		1	
	2.		2.	
What	do I need in order to reach this 3	g	al? 3	
	4		4	
	5		5	
Wher	e am I right now in regards to th	ni:	goal?	

What obstacles could get in my way of achieving my goal?

What are the solutions to the obstacles that you may face?



Social Media Plan

You are going to map out your social media strategy. Please take screenshots of all posts. You will need those for your final evaluation.

Name of Social Media Director for your	Team
--	------

Date	Message	Social Media Sites	Whom do you want to tag?

Date	Message	Social Media Sites	Whom do you want to tag?

Timeline for Service Learning Project

Date	Person(s) Responsible	Task/Meetings	Date Completed

Service Learning Reflection Log

What? Answer some of the questions below to log some of your experiences under the "What" category.

- -What seems to be the root causes of the issue addressed?
- -What other work is currently happening to address the issue?
- —What learning occurred for you in this experience?
- —How can you apply this learning?
- -What would you like to learn more about, related to this project or issue?
- —What follow-up is needed to address any challenges or difficulties?
- —What information can you share with your peers or the community?
- —If you could do the project again, what would you do differently?

So What? Answer some of the questions below to log some of your experiences under the "So What" category.

- —Did you learn a new skill or clarify an interest?
- -Did you hear, smell, or feel anything that surprised you?
- —How is your experience different from what you expected?
- —What impacts the way you view the situation/experience? (What lens are you viewing from?)
- —What did you like/dislike about the experience?
- —What did you learn about the people/community?
- -What did you like/dislike about the experience?
- -What did you learn about the people/community?
- —What are some of the pressing needs/issues in the community?
- —How does this project address those needs?

Now What? Answer some of the questions below to log some of your experiences under the "Now What" category.

- -What seem to be the root causes of the issue addressed?
- —What other work is currently happening to address the issue?
- —What learning occurred for you in this experience?
- -How can you apply this learning?
- -What would you like to learn more about, related to this project or issue?

- —What follow-up is needed to address any challenges or difficulties?
- —What information can you share with your peers or the community?
- —If you could do the project again, what would you do differently?

Date:	What?	So What?	Now What?