Virginia 2021 SOL Edition
Created by: Sue Zeanah
Safety/Injury Prevention
GrK-SAF-11
 Safety Practices
Kindergarten - K.1k

Safety Practices

Learning Objectives

- I can identify a poison warning label.
- I can describe ways medicine can be helpful and ways it can be harmful.

Teacher Notes

- Follow along with the video.

- This lesson will include pauses that will involve student response or time to complete the activity. Please pause the video as instructed for as long as needed.

Lesson Steps: Video Outline K.1k Video

Step 1 Introduction

- Did you know there are rules everywhere we go to help keep us safe?
- Can you name at least 3 rules to help keep you safe when you are walking somewhere? Riding your bike? Riding a bus? On a playground?

Step 2 Activity

- Make a list of at least 3 rules that keep us safe when walking, riding a bike, riding a bus or on a playground.

- Activity: Red Light, Green Light!

    o   4 Rounds (1 round each for walking, biking, bus, playground)

    o   All students start on one side of the space, when teacher says, "Green Light" students can start walking toward the "finish line"

    o   When the teacher says, "Red Light '' students will stop and will have to answer a question about a rule that helps keep them safe while doing the activity that round is designated for (ex. what is one rule that helps us stay safe when riding our bike?)

    o   upon answering that correctly the teacher can say "Green Light" again and will repeat with "Red Light" until students can identify at least 3 rules to keep them safe

    o   Complete 4 rounds total

Step 3 Closure

- Do you know why we have rules?

- If you don't know the rules, how could you learn them?

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Assessments

- Pre: Questions will introduce topic, engage learners, and access prior knowledge

- Post: The activity will demonstrate student understanding of material covered during class. Teacher will observe student choices to determine level of understanding.

Extensions/Connections/Applications

- The teacher can have more discussion as desired with students throughout the lesson.

- The teacher can hold up the colors rather than say them to help students identify colors with go and stop.

Resources/References

- [Health Smart VA](#)
- [Kids Health](#)