

# Grade K - Safety/Injury Prevention Sample Lesson Plan 8 Sun Safety

# **Objectives/Goals**

• The student will describe sun safety practices

# **Materials**

- PowerPoint: K- All About Me Sun Safety
- Worksheet: Sun Safety

# **Steps**

Step 1

• Using the Powerpoint as a guide, begin the lesson on slide 2. The teacher will introduce the topic with a What Should I Do scenario. Allow students to share their responses.

#### Step 2

• Slide 3: Allow students to share their experience with getting a sunburn and watch the video clip on sun safety.

#### Step 3

• Slide 4: Read Can You Help Me as a class. Allow students to share their responses.

#### Step 4

• Slide 5: Review sun safety tips. Allow students to share their experience with sun safety.

#### Step 5

• Slide 6: Introduce the review.

#### Step 6

• Slide 7: Allow students to look at the picture and decide what could be added to protect him from the sun.

#### Step 7

• Slide 8: Review the answers and allow students to view the new picture.

## Health Smart Virginia 2020 SOLs

## Step 8

• Pass out the worksheet: Sun Safety. Review the instructions and allow time to complete the assignment.

# Step 9

• Slide 9: End class with a classroom energizer.

# References

Mary McCarley, 2018

# Handout

The next page includes a handout for the lesson. The handout is designed for print use only.

# **Sun Safety**

**Directions:** Ava and Andrew are outside in the middle of the day. It is extremely hot, and they will get a sunburn unless you save them. Your mission is to add to the picture by drawing images that protect them from the sun.



