

Personal Space

Learning Objectives

- I can describe and find personal space. (K.1p)

Teacher Notes

- Students will need a washcloth or small square/circle object that they can stand on and use as their open space marker
- Teachers should pause the video when directed for student discussion and pre assessment.
- Students will also be asked to assess their ability to identify personal space or no personal space in photos that are shown.

Lesson Steps: Video Outline https://drive.google.com/file/d/1Rtild46AA8iNGdZMiMNXoec8cX-OzI_T/view?usp=sharing

Step 1 Introduction

- Pre-assessment-Students share what personal space is and are asked to identify if pictures show people in personal space or not using a thumbs up or thumbs down.
- Description of what personal space is.

Step 2 Activity

- Students will begin by placing their personal space marker on the floor. Students will then move around the room using different locomotor skills while the music is playing. When the music stops, they will quickly go to their personal space spot and balance on 1 foot.

Step 3 Closure

- Post Assessment- teacher will observe students during their movement activity to see if they have created a safe personal space.
- Students will discuss with their teacher how to let someone know they might be getting too close.

Assessments

- Pre-assessment-Students share what personal space is and are asked to identify if pictures show people in personal space or not using a thumbs up or thumbs down.



Sample Lesson Plan
Virginia 2021 SOL Edition
Created by: Meghan Gouldin
Mental Wellness and SEL
GRK-SE-7
Kindergarten - K.1p

- Post Assessment- teacher will observe students during their movement activity to see if they have created a safe personal space. Students will also share with their teacher how to kindly let people know they are in their personal space.

Extensions/Connections/Applications

- use when introducing moving in a safe space at home for PE.